

# **Human Factors Refresher Training**

# Contain and control human error

## **Overview**

To contain and control human error, one must understand its nature.

The refresher course for human factors aims to maintain skills in a competence programme so that the existing knowledge and skills of air traffic controllers are checked, expanded or improved on.



# Course

## **Objectives**

- Know the essential content of human factors
- Be able to apply the knowledge gained about team resource management in operational service
- Know the symptoms and causes of stress and fatigue and be able to take countermeasures

#### Content

- Team Resource Management (TRM)
- Stress Management (SM)
- Fatigue Management (FM)

## **Length & Scope**

The course duration includes six (6) to eight (8) hours

#### Medium

- Classroom as well as practical exercises as needed
- Also available via virtual classroom and remote simulation

#### **Assessments/Certification**

- Written assessment
- Certificate of completion

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